

LOSE THE 'LITE

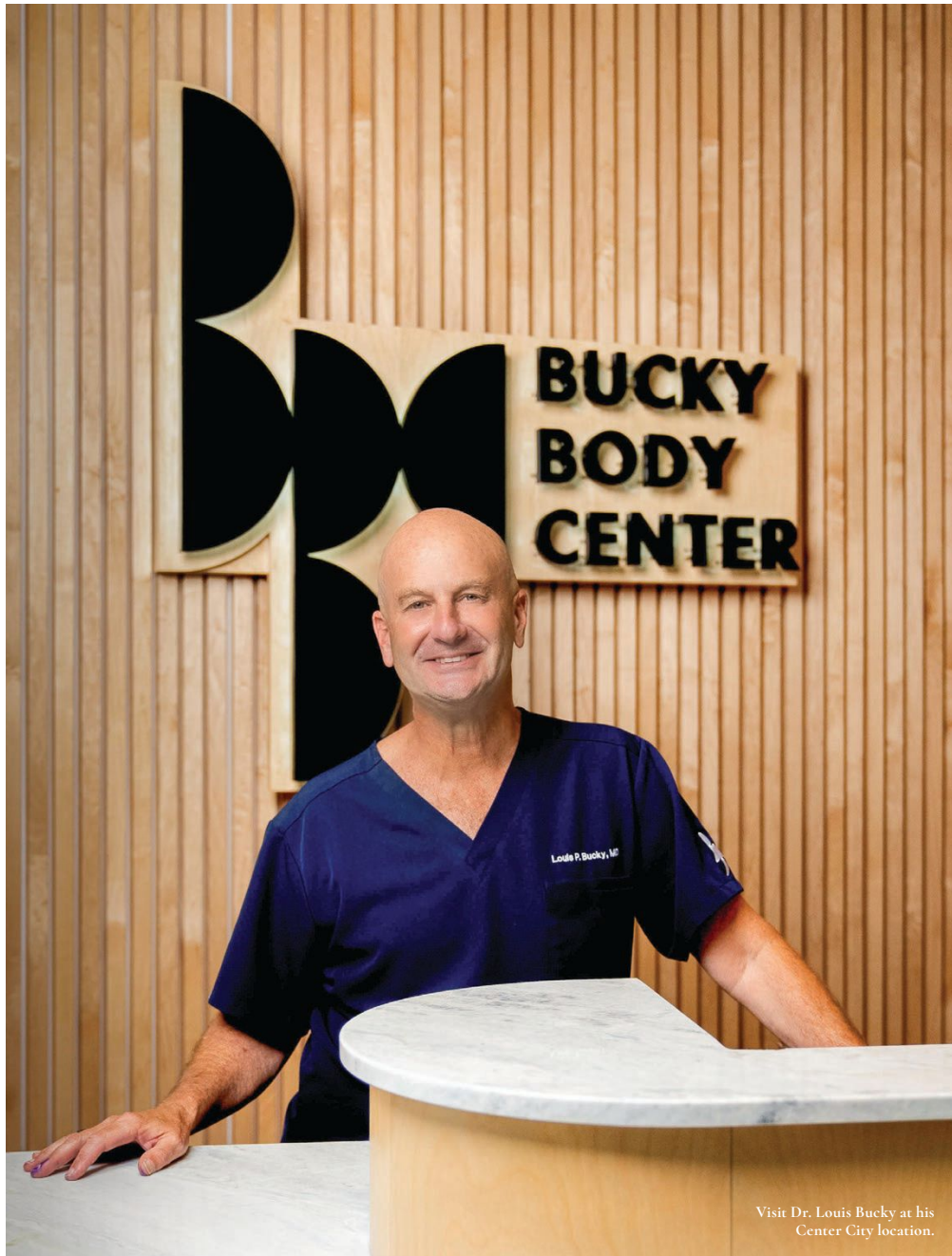
Cellulite is a ubiquitous concern that plagues women of all ages, and, until now, there really hasn't been a treatment that significantly improves the appearance of it without constant upkeep or repeat treatments. "Avéli is actually the first treatment for cellulite that we've brought to the Bucky Body Center for this reason," says Bucky. "We love that it's an in-office procedure with little downtime and because we can also combine it with other body treatments like micro liposuction, noninvasive skin tightening and overall reshaping with micro fat transfer, simultaneously, for total body reshaping. Avéli treats below the surface of the skin to correct and prevent dimpling and is particularly effective around the buttocks." Bonus: It only requires a weekend recovery but provides pretty significant results, all without going under general anesthesia, major discomfort or extended downtime.

LIFT AND GLOW

Thanks in part to the "Zoom boom" brought on by the pandemic, people have become super aware of their facial appearance. And as such, short-recovery face-lifts have been one of the most in-demand surgical procedures, says Bucky. But if you want an easier route to tauter skin, the minimally invasive Xact procedure may be the way to go with the midface or neck tightened with just two small incisions. "Xact allows me to lift and contour the facial tissue in a manner that's precise, but with less downtime or pain than with a traditional face-lift. There really isn't anything else like it available to surgeons with the same precision and results," he says.

TIGHTEN UP

Most of us are less than thrilled about slipping on a swimsuit come summer, but thanks to the latest innovations in nonsurgical body treatments, more and more people are turning to these technologies to achieve their body goals. Previously lofty ideals like strengthening and toning up your muscles or tightening excess loose skin can now be achieved with the nonsurgical Evolve Tone & Tite or Morpheus8 Skin Tightening procedures. "From the abs and buttocks to the thighs and arms, there's now an effective nonsurgical solution to assist with each concern," says Bucky. As for who they're best suited for, think active people who are already fit and live a fairly healthy lifestyle but aren't getting the results that they want.



Visit Dr. Louis Bucky at his Center City location.

THE BUZZ ON BODS

Your go-to guide for navigating the season's hottest procedures

BY MARNI MANKO

Dr. Louis Bucky (drbucky.com, buckybodycenter.com) has long been one of Philly's most prominent plastic surgeons, but his Bucky Body Center has taken nonsurgical options to new heights with his bevy of state-of-the-art, high-tech, noninvasive procedures that rival those that you can typically only get with more intensive surgeries. Here, he gives us the scoop on three of the summer's hottest procedures, sure to get you feeling good and ready for any beach day down the Shore.

PHOTO COURTESY OF BUCKY BODY CENTER